

DRAFT Timeline

2025 NHSA State Championships Hosted by the Upper Valley Aquatic Club March 14-15, 2025 Session Report

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:05 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-12 200 IM	21	3	05:05 PM	_____
Finals	2 Boys 11-12 200 IM	10	2	05:17 PM	_____
Finals	3 Girls 13-14 200 IM	10	2	05:25 PM	_____
Finals	4 Boys 13-14 200 IM	11	2	05:32 PM	_____
Finals	5 Girls 15-19 200 IM	19	3	05:38 PM	_____
Finals	6 Boys 15-19 200 IM	17	3	05:47 PM	_____
Finals	7 Girls 11-12 50 Breaststroke	23	3	05:57 PM	_____
Finals	8 Boys 11-12 50 Breaststroke	11	2	06:01 PM	_____
Finals	9 Girls 13-14 100 Breaststroke	19	3	06:03 PM	_____
Finals	10 Boys 13-14 100 Breaststroke	16	2	06:10 PM	_____
Finals	11 Girls 15-19 100 Breaststroke	18	3	06:13 PM	_____
Finals	12 Boys 15-19 100 Breaststroke	14	2	06:19 PM	_____
Finals	13 Girls 11-12 200 Freestyle	26	4	06:22 PM	_____
Finals	14 Boys 11-12 200 Freestyle	17	3	06:36 PM	_____
Finals	15 Girls 13-14 500 Freestyle	12	2	06:47 PM	_____
Finals	16 Boys 13-14 500 Freestyle	10	2	07:03 PM	_____
Finals	17 Girls 15-19 500 Freestyle	23	3	07:17 PM	_____
Finals	18 Boys 15-19 500 Freestyle	10	2	07:38 PM	_____
	Swimmers Counts for Warm-ups: 209	=====	=====		
	Entry / Heat Totals:	287	46		
	Finish Time			07:50 PM	_____

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2025 NHSA State Championships Hosted by the Upper Valley Aquatic Club March 14-15, 2025 Session Report

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 09:05 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	19 Girls 8 & Under 100 Medley Relay	5	1	09:05 AM	_____
Finals	20 Boys 8 & Under 100 Medley Relay	4	1	09:08 AM	_____
Finals	21 Girls 10 & Under 200 Medley Relay	16	2	09:11 AM	_____
Finals	22 Boys 10 & Under 200 Medley Relay	8	1	09:19 AM	_____
Finals	23 Boys 9-12 200 Medley Relay	11	2	09:24 AM	_____
Finals	24 Boys 11-14 200 Medley Relay	9	2	09:32 AM	_____
	Break: 2 Minutes: Move timers				
Finals	25 Girls 8 & Under 25 Freestyle	30	4	09:41 AM	_____
Finals	26 Boys 8 & Under 25 Freestyle	23	3	09:45 AM	_____
	Break: 2 Minutes: Move timers				
Finals	27 Girls 9-10 50 Freestyle	64	8	09:50 AM	_____
Finals	28 Boys 9-10 50 Freestyle	25	4	09:59 AM	_____
Finals	29 Boys 11-12 50 Freestyle	47	6	10:04 AM	_____
Finals	30 Boys 13-14 50 Freestyle	23	3	10:10 AM	_____
Finals	31 Girls 8 & Under 100 IM	7	1	10:13 AM	_____
Finals	32 Boys 8 & Under 100 IM	5	1	10:16 AM	_____
Finals	33 Girls 9-10 100 IM	23	3	10:19 AM	_____
Finals	34 Boys 9-10 100 IM	17	3	10:26 AM	_____
Finals	35 Boys 13-14 100 Backstroke	16	2	10:33 AM	_____
	Break: 2 Minutes: Move timers				
Finals	36 Girls 8 & Under 25 Backstroke	26	4	10:39 AM	_____
Finals	37 Boys 8 & Under 25 Backstroke	18	3	10:45 AM	_____
	Break: 2 Minutes: Move timers				
Finals	38 Girls 9-10 50 Backstroke	51	7	10:51 AM	_____
Finals	39 Boys 9-10 50 Backstroke	23	3	11:02 AM	_____
Finals	40 Boys 11-12 50 Backstroke	42	6	11:07 AM	_____
Finals	41 Boys 13-14 200 Freestyle	18	3	11:16 AM	_____
	Break: 2 Minutes: Move timers				
Finals	42 Girls 8 & Under 25 Butterfly	11	2	11:27 AM	_____
Finals	43 Boys 8 & Under 25 Butterfly	8	1	11:30 AM	_____
	Break: 2 Minutes: Move timers				
Finals	44 Girls 9-10 50 Butterfly	23	3	11:32 AM	_____
Finals	45 Boys 9-10 50 Butterfly	15	2	11:37 AM	_____
Finals	46 Boys 11-12 50 Butterfly	27	4	11:40 AM	_____
Finals	47 Boys 13-14 100 Butterfly	14	2	11:45 AM	_____
Finals	48 Girls 8 & Under 50 Freestyle	18	3	11:48 AM	_____
Finals	49 Boys 8 & Under 50 Freestyle	14	2	11:53 AM	_____
Finals	50 Girls 9-10 100 Freestyle	30	4	11:56 AM	_____
Finals	51 Boys 9-10 100 Freestyle	13	2	12:05 PM	_____
Finals	52 Boys 11-12 100 Freestyle	44	6	12:10 PM	_____
Finals	53 Boys 13-14 100 Freestyle	29	4	12:22 PM	_____
	Break: 2 Minutes: Move timers				
Finals	54 Girls 8 & Under 25 Breaststroke	12	2	12:30 PM	_____

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Session: 2 Saturday Morning

Day of Meet: 2 Starts at 09:05 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	55 Boys 8 & Under 25 Breaststroke Break: 2 Minutes: Move timers	15	2	12:32 PM	_____
Finals	56 Girls 9-10 50 Breaststroke	36	5	12:36 PM	_____
Finals	57 Boys 9-10 50 Breaststroke	12	2	12:44 PM	_____
Finals	58 Girls 8 & Under 100 Freestyle Relay	5	1	12:47 PM	_____
Finals	59 Boys 8 & Under 100 Freestyle Relay	4	1	12:49 PM	_____
Finals	60 Girls 10 & Under 200 Freestyle Relay	17	3	12:52 PM	_____
Finals	61 Boys 10 & Under 200 Freestyle Relay	10	2	01:02 PM	_____
Finals	62 Boys 9-12 200 Freestyle Relay	9	2	01:10 PM	_____
Finals	63 Boys 11-14 200 Freestyle Relay	13	2	01:16 PM	_____
	Swimmers Counts for Warm-ups: 266	=====	=====		
	Entry / Heat Totals:	890	130		
	Finish Time			01:21 PM	_____

DRAFT Timeline

2025 NHSA State Championships Hosted by the Upper Valley Aquatic Club March 14-15, 2025 Session Report

Senior Ceremony at 3:00 PM

Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 03:20 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	64 Girls 11-14 200 Medley Relay	19	3	03:20 PM	_____
Finals	65 Girls 13-19 200 Medley Relay	12	2	03:31 PM	_____
Finals	66 Boys 13-19 200 Medley Relay	11	2	03:37 PM	_____
Finals	67 Girls 9-12 200 Medley Relay	13	2	03:43 PM	_____
Finals	68 Girls 13-14 50 Freestyle	51	7	03:50 PM	_____
Finals	69 Girls 15-19 50 Freestyle	34	5	03:57 PM	_____
Finals	70 Boys 15-19 50 Freestyle	33	5	04:01 PM	_____
Finals	71 Girls 11-12 50 Freestyle	72	9	04:05 PM	_____
Finals	72 Girls 13-14 100 Backstroke	41	6	04:14 PM	_____
Finals	73 Girls 15-19 100 Backstroke	30	4	04:27 PM	_____
Finals	74 Boys 15-19 100 Backstroke	18	3	04:34 PM	_____
Finals	75 Girls 11-12 50 Backstroke	72	9	04:40 PM	_____
Finals	76 Girls 13-14 200 Freestyle	23	3	04:52 PM	_____
Finals	77 Girls 15-19 200 Freestyle	26	4	05:03 PM	_____
Finals	78 Boys 15-19 200 Freestyle	19	3	05:14 PM	_____
Finals	79 Girls 11-12 50 Butterfly	58	8	05:22 PM	_____
Finals	80 Girls 13-14 100 Butterfly	25	4	05:31 PM	_____
Finals	81 Girls 15-19 100 Butterfly	18	3	05:39 PM	_____
Finals	82 Boys 15-19 100 Butterfly	18	3	05:44 PM	_____
Finals	83 Girls 11-12 100 Freestyle	71	9	05:48 PM	_____
Finals	84 Girls 13-14 100 Freestyle	54	7	06:05 PM	_____
Finals	85 Girls 15-19 100 Freestyle	43	6	06:16 PM	_____
Finals	86 Boys 15-19 100 Freestyle	31	4	06:24 PM	_____
Finals	87 Girls 9-12 200 Freestyle Relay	14	2	06:30 PM	_____
Finals	88 Girls 11-14 200 Freestyle Relay	21	3	06:36 PM	_____
Finals	89 Girls 13-19 200 Freestyle Relay	12	2	06:44 PM	_____
Finals	90 Boys 13-19 200 Freestyle Relay	11	2	06:49 PM	_____
	Swimmers Counts for Warm-ups: 264	=====	=====		
	Entry / Heat Totals:	850	120		
	Finish Time			06:53 PM	_____